

Pay per term based on how many sessions you would like to do per week. During school breaks, sessions will be based on participant availability. Discounts for 1-1 and Buddy commitments.

SMALL GROUP TRAINING SCHEDULE // 45 MINUTE SESSIONS

Monday	6:00am: open group	7am -8am: PT	9am: open group	10am onwards: PT
Tuesday	5:30am: open group	6:30am -8am: PT	9am: open group	10am onwards: PT
Wednesday	6:00am: open group	7am -8am: PT	9am onwards: PT	
Thursday	6:00am: open group	7am -9am: PT	9am: open group	10am onwards: PT
Friday	6:00am: open group	7am -8am: PT	9am: open group	10am onwards: PT

PAYMENT OPTIONS

1 session per week	@ \$20 / session	total of \$200 / term (10 weeks)
2 sessions per week	@ \$18 / session	total of \$360 / term (most popular)
3 sessions per week	@ \$15 / session	total of \$450 / term (10 weeks)
Drop-in sessions	@ \$25 / session	pay as you go (best for no commitment)

IMPORTANT GROUP TRAINING POLICY

- If you miss sessions for any reason, you can do make-up sessions in that term with 12 hours’ notice of cancellation. Cancellations within 12 hours are not valid for a make-up.
- If you would like to join additional sessions, you can pay a drop-in fee of \$20.
- If I am unable to run a session, I will provide a make-up session during term.

PT 1-1 AND BUDDY SESSIONS // 30 MINUTE SESSIONS

1-1	@ \$60 / session	pay as you go, discounts w/commitment
Buddy	@ \$80 / session	pay as you go, discounts w/commitment

PAYMENT AND CONTACT DETAILS

Account name	Biome Health and Fitness	Location	290 Simpsons Road, Bardon, 4065
BSB	484 799	Phone	0435784004
Account #	350 281 948	Email	corby@biomehealthandfitness.com

If you have unique circumstances and would like to suggest another option, feel free ☺